

HIGH SPIRITUALITY IS AN INVINCIBLE FORCE

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Abstract

High spirituality is a choice that expresses the highest potential of humanity. Human beings have an indomitable power that comes from spiritual, intellectual, and social ways, to achieve success in life, to study as students, to develop at a high level in work, to excel in social relations, and to secure their personal lives.

Keywords

Spirituality, independence, education, the younger generation, ideology, national pride, universal values, worldview.

It is known that the rise of society is the moral of many young people depending on maturity. Independent Uzbekistan is the most advanced country in the process of taking a place in the ranks, it a broad-minded, free-thinking, at the same time, a deep sense of civic responsibility, national and universal It is our society to bring up individuals who have mastered people thoroughly one comes from the head standing in front of him.

Our independence is growing in today's conditions, which are getting stronger day by day each coming young generation with high spirituality, intellectual maturity and meaningful material and spiritual monuments left by ancestors in raising a mature person's scientific heritage serves as an important tool. Formation of historical memory, it to develop, and at the same time to create feelings of national pride in the spirit of the current generation especially the First President I.A. Karimov's "High spirituality -invincible power" and the universal ideas advanced in it learning and analysis serve as programming. This work is the national restoration of our spirituality, deep study of our rich historical heritage, lifelong preservation of values, traditions , and customs, the development of culture and art, science and education, the change and rise of the mindset of our people, especially the youth contains all the views directed to the goal.

High spirituality is associated with important characteristics of invincible strength. First, it is believed that this power is given to a person based on physical size. It means that a person has the skills and talents necessary to develop and use their full potential.

Second, high spirituality includes the presence of high spiritual support within the invincible power. These ways allow a person to develop, self-analyze, set purposeful life goals, and make valuable decisions.

Also, one characteristic of high spirituality indomitable power is its focus on acting in accordance with high human values and ethical rules. This power helps people to deal with goodness and peace, justice and respect, and find effective solutions to social and environmental problems.

Therefore, high spirituality is a lecture and practical training on the invincible power, justice, freedom, willingness to change, training, development, and use of this power to produce the highest potential of humanity.

The concept of spirituality can vary greatly depending on individual beliefs and cultural backgrounds. Some people consider spirituality to be a deeply personal and transcendent experience that connects them to something greater than themselves. It often involves a search for meaning, purpose, and connection to the divine or higher power.

While spirituality can be a powerful and transformative force in people's lives, it is important to note that it is subjective and personal in nature. Different individuals may experience and express their spirituality in diverse ways, and its effects may vary from person to person.

For some individuals, a strong sense of spirituality can provide a source of comfort, inner strength, and resilience during challenging times. It may help them find meaning in life, cope with adversity, and cultivate positive emotions such as love, compassion, and gratitude. Spirituality can also be a driving force behind personal growth, self-reflection, and the pursuit of moral values and ethical principles.

However, it is crucial to recognize that spirituality alone does not make a person invincible. While it can provide emotional and psychological support, it does not grant immunity from physical, mental, or emotional challenges. People who are highly spiritual still face the realities of life, including illness, loss, and difficulties.

Moreover, it is important to maintain a balanced perspective and consider the potential drawbacks or limitations of extreme or dogmatic spiritual beliefs. It is

essential to respect individual differences and the diversity of beliefs and practices when discussing spirituality.

Ultimately, whether spirituality is considered an invincible force or not is subjective and dependent on personal beliefs and experiences. It can undoubtedly be a powerful and transformative force for many individuals, but it is important to approach the topic with an open mind and respect for differing perspectives.

The work "High spirituality is an invincible power" is the greatest wealth for our people he was able to fully integrate the meaning of the spirituality that he has become is considered a high example. Spirituality is in the work, it is in the life of man and society place and importance, analyzed through comprehensive opinions and conclusions. In the work, Attention is paid to the concept of "moral threat" and various ideological attacks there is talk of an ax hitting our national and religious veins. In such cases Only people, especially our youth, can prevent it from emerging by strengthening their faith, strengthening their will, and making them independent

that can be obtained only by educating them to become well-rounded people with an opinion, formation of independent thinking, spirituality, goal, task, means it is mentioned that it can be solved by finding ways and implementing them. In this regard, parents, and teachers-coaches should not lose vigilance in this matter, it is emphasized that it is impossible to be careless in the education of young people.

When talking about spirituality, inculcate it in the hearts of the young generation and it is said that it is the only priority way to achieve the goal. That's why in the field of education, press, television, Internet and other mass media, theater, film, literature, music, painting and sculpture to art, that is, in all areas that affect the human heart and thinking our activities in accordance with the spiritual needs of the people and the requirements of the times the need for strengthening is emphasized once again. "The way to the human heart begins with education." That's why the high skill of teachers-pedagogues in the process of educating young people and proper organization of each type of activity is required. The young generation It is important that every person being educated should have a high morale and deep knowledge and consider his task as important and responsible.

Another point to note is that the issues raised in the book, ideas and views, various issues' expressed opinion reasoning and they are national, a nation, a society or a state, but also a whole based on the results of the universality and tolerance inherent in humanity cracked. The meaning of the concept of spirituality and related to it global for issues common to all nations and areas the fact that it is

described as a problem also confirms this idea. Only a truly spiritual and enlightened person in today's turbulent times knows the value of a person, understands his national values, and national identity, free and living in a free society, our independent country in the world community can fight selflessly for a worthy place.

Not only the head of state, but above all, great history, culture and spirituality as a child of our own nation, preserving this priceless wealth about protecting it from all kinds of overt and covert attacks

As a person who cares, the above- mentioned is very important and very delicate

these issues are sure to worry everyone living in our country

it is natural.

This book is about the influence of the world of spirituality in human development that it is important, as well as attacks against spirituality thinking about the real danger, our nation's new life, new society Such people in today's complex and dangerous times are building foundations to warn of dangers, to draw the attention of our country and the general public to these issues focus once again, making the next generation spiritually healthy and mature vital need to clearly define tasks related to upbringing was born as Today, as our president has emphasized what needs to be done to protect our spirituality and what threatens it if he asks what should be done against the attacks, our President is in this country every living person realizes his identity, our ancient history is rich our culture, the deeper assimilation of the heritage of our great ancestors, independent thinking, consciously looking at today's rapidly changing reality of life and that it is necessary to live with a sense of belonging to all the changes in our country those who said they would have answered.

This work contains a number of new ideas about the spiritual growth of our people and views are stated. But the future of the people and society is his idea that it depends on spirituality is the main idea of the book and defines the content. It is known that during the old regime, we were referred to as "Seen don't think, others will think for you, you should know your stuff" is an inhuman relationship existed. Our people are blindfolded, mind and soul are dependent was done. Now it is our own decision, our own implementation, our own mind, power and build our own lives with our opportunities, conduct independent politics we have the right. At the same time, such great work has its own responsibilities for us. Naturally, such a free and liberated life, such opportunities dormant in the body of

our people, passed down from several ancestors awakened the power. This is clear from our 22-year development path can be proof.

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