

POPULARIZATION OF SPORTS AMONG THE YOUNG GENERATION IN UZBEKISTAN

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Abstract

To the development and popularization of sports and physical education in Uzbekistan great attention is being paid. Professional athletes and coaches in our country during the years of independence and referees of preparation efficient system to the road was placed. This of duties done increase establishing a healthy lifestyle in our country, educating healthy young people, physical education and sports to further develop comprehensive service is doing.

Keywords

sports, physical education, game directions, tournaments, athletes, boxing, football.

Uzbekistan Republic of "Physical education and sports about". the law and population, especially, another law aimed at broad involvement of youth, women and children in physical education and sports and normative documents this about done being increased of reforms important legal basis is happening.

Individual and game directions according to specialists has been young boys and girls representation in the forums representative of a country with a rich sports tradition, showing unique training and excellent skills that they are bright confirms. Practice being increased measures the effect sports with engaged in different international in tournaments award winning seats to the hand entering our compatriots rank more and more expanded on the way too can be seen 1996 Atlanta and 2012 London Olympics, 1994 Winter Olympics in Lillehammer games to the 2014 Winter Olympics in Sochi, our athletes won 6 gold, 5 silver and 10 bronze medal to the hand entered in 2014 South of Korea Incheon in the city conducted XVII summer Asia and II Paraasia our athletes adequately defended the country's honor in the games. 61 people at the 2014 Asian Games if the athlete from Uzbekistan took place among the prize winners, our compatriots at the Para-Asian Games He climbed to the top of the podium 22 times . In addition, 15 Paralympians

our athlete received a license for the 15th Paralympic Games to be held in Rio de Janeiro in 2016 to the hand entered.

Today, judoka Rishod Sobirov, canoeist Vadim Menkov, wrestler Artur Taymazov, tennis players Denis Istomin and Nigina Abduraimova, swimmer Sergey Pankov, gymnast Ulyana Trofimova, Oksana Chusovitina, sportsman Akhdilovil, sportsman Akhdilovil such as famous and talented the names of athletes are mentioned, boxer Elshod Rasulov, taekwondo player Dmitry Shokin, of course, FIFA referee Clearly Ermatov and others Uzbekistan own from the borders outside too glorified and Sports is responsible for the development of sports in our country is being implemented by National Olympic Committee of Uzbekistan (NOC) Olympic movement more develop, local of athletes international in competitions participation that it will provide is doing extensive work on it. In 1993, NOC to the International Olympic Committee member it has been physical education teachers and coaches at the State Institute of Physical Education of Uzbekistan to the road placed SHE IS each year 2 to a thousand near student study takes.

In order to train high-class athletes, it is necessary to form future champions has been material and technical base improve works consistent continue is being done. In particular, Universal sports palace basically artistic gymnastics according to Republic specialized Olympics reserves children and a youth sports school was established. Central Asian Judo Center, National Boxing Center and Taekwondo of the association sports complex was built. of Uzbekistan organize done sports infrastructure for boxing, taekwondo, wrestling, fencing and other sports on a global and Asian scale such as big international competitions held to the field turned.

In our country sports clubs, teams pupils from among talented young athletes choose get and sports skills increase according to training organize achieve general education school to create the necessary conditions for strengthening the sports reserve on the basis of further development big attention being directed. sports and Olympics reserves colleges.

In this regard, the policy of Uzbekistan on wide involvement of children in sports is of particular importance is doing. This healthy and perfect generation basis as right respectively acceptance will be done. In our country, there are three stages among pupils and students - "Sprouts of Hope", "Barkamol Avlod" and a unique system of sports competitions was created at the Universiade, where talented and talented athletes to educate incomparable contribution adding

international sports competitions and Olympia in their games own of the country name.

Establishment of children's sports development fund in accordance with the Presidential Decree in 2002 children sports in development important step it has been. Children in the middle physical education and sports in the field state policy done to increase to help young in generation to sports interest awakening, protecting young people from various harmful influences, educating them in the spirit of patriotism main is a task.

Since the establishment of the fund, more than 1700 children's sports facilities in the capital and regions built to use submitted. Theirs all of them modern requirements answer giving sports provided with facilities. 95300 sports sections continue to operate. in 2014 9,500 sports events were held in the country, about 7,000 of them in rural areas. 1.8 million teens participate in them.

The development of children's sports in Uzbekistan is giving decent results. In particular, football in 2010 U-16 national team won the silver medal of the Asian Championship and a year later they entered the top eight teams of the u-17 world championship in Mexico. 2012- After the U-16 national team of Uzbekistan won the Asian Championship in achieved.

In 2012, at the synchronized swimming competitions held in Malaysia, our girls won 4 golds, 1 won silver and 2 bronze medals. Water in Malaysia held on polo international in the competition Namangan region boys and girls teams first place took over.

and Gulsanam at the Asian Championship held in Indonesia Companions in synchronized swimming won the silver medal entered.

Nine-year-old chess player Nodirbek Abdusattarov, about 126 players from 2600 countries participated. reached Maribor in the city (Slovenia) fast chess according to the world in the championship won.

In 2013, Nafisa Mominova became the first woman from Uzbekistan to receive the title of international FIDE grandmaster. chess player it has been. Its phenomenal success is national to sports history entered and Ramziddin Saidov won gold medals at the Asian Judo Championship entered 2014 year the most successful it has been. August in the month of China Nanjing in the city II summer teens The Olympic Games were held, in which more than 200 athletes from more than 3500 countries took part. reached Our athletes 4 ta gold, 3 silver and 3 bronze get medals entered.

Uzbekistan's World Championship in universal wrestling held in Russia in September three person sportsman gold medals to the hand entered Era Salimov

hand battle according to the world became the winner of the championship. Uzbekistan in water polo at the international tournament held in Thailand men and Women Term teams the most strong it has been. Nine old Diamond Sindarov World chess in Brazil became the champion. Eight Zarguna Ahrorkulova is a karate-doer in Minsk according to In the World Cup winner came out "golden" the list can continue.

In general when last in years young athletes to the hand entered medals the number continuous increased is going In 2005, young athletes from Uzbekistan won 18 medals (5 gold, 6 silver and 7 bronze), In 2010, he won 155 (82 gold, 41 silver and 32 bronze) medals. year they are 391 (126 gold, 105 silver and 160 was awarded with a bronze medal.

From March 28 to April 7, 2015, the International Football Championship among children's teams will be held in Sochi. tournament took place and Uzbek teams are the first two took the place 1 year 3-2015 1800 at the 6th Karate-do World Championship in Georgia from the country 53 from more than representatives participation reached Ours our karatekas 8 different the medal to the hand entered.

International rhythmic gymnastics competition in Abruzzi, Italy from June 25 to July 2 being passed and in it Representatives of Uzbekistan 8 was awarded a medal.

Young athletes achieved great victories thanks to the significant contribution of their coaches. in Uzbekistan, especially, women in the middle trainers to prepare directed affairs take is going Theirs an effective system of promoting their work has been created. The number of coaches in 2015 compared to 2003 almost 1.8 times, including the number of female coaches increased almost 6 times. At the same time, the staff of professional coaches and teachers has been changed in terms of quality - about half of them specialized higher information have.

The work being carried out on the development of sports in Uzbekistan is recognized in the world. 2013- in 2014 to our country visit ordered Asia Olympia Council, Asia Paralympics committee, heavy athletics, boxing, fencing, light athletics and gymnastics international federations, leaders and representatives of the International Wrestling Union, Asian Taekwondo Union, World Anti-Doping Agency Olympia games development according to done increased measures high evaluated. in Uzbekistan movement.

The President of Uzbekistan for his great achievements in the development of sports and the Olympic movement was awarded the medal of the International Olympic Committee. Also, football in our country and in Asia Islam Karimov by the Olympic Council of Asia for his great contribution to development awarded.

Athletes from 200 countries participated in the 2016 Rio Olympics. Only 87 in the Olympics state representatives won medals, 59 state athletes won gold medals. He won 13 medals from Uzbekistan athletes total medals the number according to 21st place took over. Uzbekistan sports delegation finished the competition fourth in Asia, second in the CIS, and first in Central Asia finished.

Our boxers won 3 gold, 2 silver, and 2 bronze medals and competed in Cuba, USA, Great Britain, In the table of medals in boxing, leaving behind countries with a developed boxing culture, such as Russia leadership they did.

So by doing in our country done being increased wide scope changes because of sports, especially, young people in the middle the most authoritative activity from the fields to one turned. Prestigious international to awards deserves of Uzbekistan talented representatives name national and the world sports to history sealed.

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